

Jenny's Mango Salsa

Pretty much every ingredient in this salsa is an immune-boosting superfood. If you want protection against cancer, heart disease, or memory loss, try this awesome salsa! It's best made fresh and served right away with chips or as a side with chicken or fish. It's so good I just eat it with a spoon.

1 ripe mango, diced
1/4 cup diced red onion
2 Tablespoons diced jalapeno pepper
2 Tablespoons chopped fresh cilantro
2 Tablespoons fresh lime juice
1/8 teaspoon salt
pepper to taste

- Combine all ingredients in a bowl.
- Serve immediately.

*makes 2 to 4 servings